



THE NAIROBI HOSPITAL

# WELLNESS PACKAGES

## EXECUTIVE CLINIC



0703082526

### ZURI

#### MALE

#### FEMALE

- Physical Exam +Wellness Advice
  - Total blood count
  - Urinalysis
  - Stool Microscopy
  - Fasting blood sugar
  - Lipid profile
  - Kidney function test
  - Liver function test
  - Thyroid profile test
  - Uric Acid
  - HIV (optional)
  - Prostate Screening
  - Renal & prostrate Ultrasound
  - Heart Electrocardiogram (ECG)
  - Vitamin D
  - CRP
  - Mental wellness (1 session)
  - Body composition analysis
  - Nutrition review
- Physical Exam + Wellness Advice
  - Total blood count
  - Urinalysis
  - Stool Microscopy
  - Fasting blood sugar
  - Lipid profile
  - Kidney function test
  - Liver function test
  - Thyroid profile test
  - Uric Acid
  - HIV (optional)
  - Pap Smear (Women)
  - Breast Ultrasound/Mammogram
  - Heart Electrocardiogram (ECG)
  - Vitamin D
  - CRP
  - Mental wellness (1 session)
  - Body composition analysis
  - Nutrition review

Cost - *Sh25,000*

Cost - *Sh25,000*

### FARAJA

#### MALE

#### FEMALE

- Physical Exam+Wellness Advice
  - Total blood count
  - Urinalysis
  - Stool Microscopy
  - Fasting blood sugar
  - Lipid profile
  - Kidney function test
  - Liver function test
  - Thyroid profile test
  - Uric Acid
  - HIV (optional)
  - Prostate Screening (Men)
  - Renal & prostrate Ultrasound
  - Heart Electrocardiogram (ECG)
  - Vitamin D
  - CRP
  - ESR
  - Calcium
  - Magnesium
  - Glyco Hb/HBA1C
  - Stool Occult blood
  - Mental wellness (1 session)
  - Body composition analysis
  - Nutrition review
- Physical Exam+Wellness Advice
  - Total blood count
  - Urinalysis
  - Stool Microscopy
  - Fasting blood sugar
  - Lipid profile
  - Kidney function test
  - Liver function test
  - Thyroid profile test
  - Uric Acid
  - HIV (optional)
  - Pap Smear (Women)
  - Breast Ultrasound/Mammogram
  - Heart Electrocardiogram (ECG)
  - Vitamin D
  - CRP
  - ESR
  - Calcium
  - Magnesium
  - Glyco Hb/HBA1C
  - Stool Occult blood
  - Mental wellness (1 session)
  - Body composition analysis
  - Nutrition review

Cost - *Sh35,000*

Cost - *Sh35,000*



# WELLNESS PACKAGES

THE NAIROBI HOSPITAL

EXECUTIVE CLINIC



0703082526

## WEMA

### MALE

- Physical Exam+Wellness Advice
- Total blood count
- Urinalysis
- Stool Microscopy
- Fasting blood sugar
- Lipid profile
- Kidney function test
- Liver function test
- Thyroid profile test
- Uric Acid
- HIV (optional)
- Prostate Screening (Men)
- Renal & prostrate Ultrasound
- Heart Electrocardiogram (ECG)
- Vitamin D
- CRP
- ESR
- Calcium
- Magnesium
- Glyco Hb/HBA1C
- Stool Occult blood
- CA 15-3 (Breast cancer)
- CEA (Colon cancer)
- CA-19-9 (Pancreatic cancer)
- AFP (Liver cancer)
- Mental wellness (1 session)
- Body composition analysis
- Nutrition review

Cost - *Sh45,000*

### FEMALE

- Physical Exam+Wellness Advice
- Total blood count
- Urinalysis
- Stool Microscopy
- Fasting blood sugar
- Lipid profile
- Kidney function test
- Liver function test
- Thyroid profile test
- Uric Acid
- HIV (optional)
- Pap Smear (Women)
- Breast Ultrasound/Mammogram
- Heart Electrocardiogram (ECG)
- Vitamin D
- CRP
- ESR
- Calcium
- Magnesium
- Glyco Hb/HBA1C
- Stool Occult blood
- CA 15-3 (Breast cancer)
- CEA (Colon cancer)
- CA-19-9 (Pancreatic cancer)
- AFP (Liver cancer)
- CA-125 (Ovarian cancer)
- Mental wellness (1 session)
- Body composition analysis
- Nutrition review

Cost - *Sh45,000*

## BORESHA

### MALE/FEMALE

- Physical Exam+Wellness Advice
- Total blood count
- Urinalysis
- Stool Microscopy
- Fasting blood sugar
- Cholesterol
- Creatinine (Kidney)
- Liver function test
- TSH (Thyroid)
- Uric Acid
- HIV (optional)
- Prostate Screening (Men)
- Body composition analysis
- Nutrition review

Cost - *Sh10,000*

**N/B**  
**BORESHA is a Group Wellness Package, offered offsite. (Minimum of 20)**