

OCCUPATIONAL SAFETY AND HEALTH POLICY STATEMENT

TNH/MR/POL/005

Objective:

The Nairobi Hospital is committed to fostering a safe and healthy environment for all employees, patients, visitors, tenants, suppliers, and contractors. We recognize the importance of occupational Safety and Health (OSH) in ensuring the well-being of our workforce and the quality of care provided.

Scope:

This policy is applicable to all operations and activities carried out in the Hospital, College of Health Sciences and outpatient centres either by us or on our behalf. Its implementation is the role of every employee and shall be integrated in the day-to-day operations through a systematic, proactive and transparent manner.

The Nairobi Hospital is committed to:

- 1. **Compliance:** Adhering to all applicable occupational health and safety laws, regulations, and standards, striving to surpass the minimum requirements to ensure the highest level of safety.
- Risk Management: Identifying and mitigating occupational health and safety risks. Through
 continuous risk assessments and proactive measures, we seek to create a workplace free from
 hazards.
- 3. **Employee Involvement:** Valuing the active participation of our employees in creating a safe working environment. Regular communication channels and reporting mechanisms are established to encourage employees to contribute to safety initiatives.
- 4. Training and Awareness: Investing in comprehensive training programs to equip employees with the knowledge and skills necessary to perform their tasks safely. We promote awareness of occupational health and safety through regular communication and educational initiatives.
- 5. **Emergency Preparedness:** Establishing robust emergency response plans to address potential crises. Regular drills and training sessions ensure that employees are well-prepared to respond effectively to emergencies.
- 6. **Health Promotion:** Prioritizing employee well-being through health promotion initiatives such as access to health resources, wellness programs and activities that contribute to physical and mental health.
- 7. **Continuous Improvement:** Continuous improvement of our occupational health and safety management system. Regular reviews, assessments and feedback mechanisms are in place to identify areas for enhancement.

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Prepared By:	2024	February 2026	
Quality Coordinator	Reviewed By:	Approved By: Chief	Issued By: MR
	Head of Risk and Compliance	Executive Officer	
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- 8. Communication: Transparent and open communication that is fundamental to our safety culture. We actively communicate health and safety policies, procedures and updates to all stakeholders.
- 9. Contractor Safety: Extending our commitment to occupational health and safety to contractors working within our facilities. We collaborate to ensure that their work aligns with our safety standards.
- 10. Leadership Commitment: Promoting and maintaining a strong safety culture at all leadership levels of the hospital. We lead by example, demonstrating the importance of safety in all our actions and decisions.
- 11. Support for OSH: Providing required resources for effective management and implementation of occupational health and safety programmes.
- 12. Communication of policy: Communicating this policy to all staff and all the stakeholders of the hospital.
- 13. OSH Objectives: Setting occupational, safety and health objectives and monitoring performance at all levels.

This Occupational Health and Safety Policy Statement reflects our dedication to providing a safe and healthy workplace. We encourage everyone associated with The Nairobi Hospital to actively contribute to the achievement of our occupational health and safety goals.

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